

Saturday 25th April 2026
9:00 AM – 5:00 PM

Face Value Clinic, 145 Innes Road, St
Albans, Christchurch 8014

Course Fee: \$1000 (excl. GST)

Register at:
info@facevalue.co.nz
03 363 8810

Training with Dr Frost

This full-day, hands-on training is designed specifically for health professionals looking to build a strong foundation in aesthetic medicine. Led by Dr. Phil Frost—senior clinician and national trainer—this course focuses on safe, evidence-based use of botulinum toxin for treating frown lines, forehead lines, and crow's feet (on-label indications).

You'll combine essential clinical theory with guided, practical injection techniques in a supportive, small-group setting. With personalised feedback and close supervision, you'll gain the confidence and skills to safely begin offering cosmetic injectables within your scope of practice.

Foundations of Aesthetic Practice

Understand the fundamentals of aesthetic medicine, including ethical and legal responsibilities, informed consent, and best practices for patient communication and satisfaction to maximize clinical outcomes.

Science & Use of Botulinum Toxin Type A

Explore how Botulinum Toxin works, its clinical actions, appropriate applications, and safety considerations.

Facial Anatomy & Safe Practice

Master facial anatomy to support safe, effective aesthetic practice. Confidently prevent, identify, and manage complications, while applying best practices in clinical photography and post-treatment follow-up.

Product Knowledge

Gain in-depth knowledge of leading botulinum toxin brands, including correct dosing, reconstitution and storage.

Injection Techniques & Clinical Skills

Develop hands-on injection skills through one-on-one guidance

Patient Assessment & Treatment Planning

Learn how to assess each patient individually and design personalised treatment plans that align with their unique facial features, aesthetic goals, and clinical considerations.

Your support continues beyond the training day:

You'll also gain access to the exclusive Face Value Academy online group, offering ongoing learning and a peer support network to guide your development. We also offer clinical oversight and standing orders as an additional service—visit our website for more information.